

Hooray, I failed!

Some tales of introspection



"Failure is fun! When things go wrong, we learn!"

-- me, to my students

"Failure is fun! When t...n!"
-- me, to my students

hypocrite?? →



> whoami

- Tess Sluijter-Stek @ Unixerius
 - *“Nerd-for-hire”*
 - *“Jill-of-all-trades”*
 - *“Eternal newbie”*



Failure can be fun, or useful!

- Give yourself space to feel bad.
- Afterwards, take a chance to learn from it.

Failure can be fun, or usefull

- Give yourself space to feel bad.
- Afterwards, take a chance to learn from it.
- Don't dread "introspection"!
- Let's discuss three useful tools...



~~The five whys~~

The Mindy method

Watcha doin'?



Watcha doin'?



why?

Watcha doin'?



Watcha doin'?



Watcha doin'?



why?

why?

why?

okay, I love you! Buhbye!

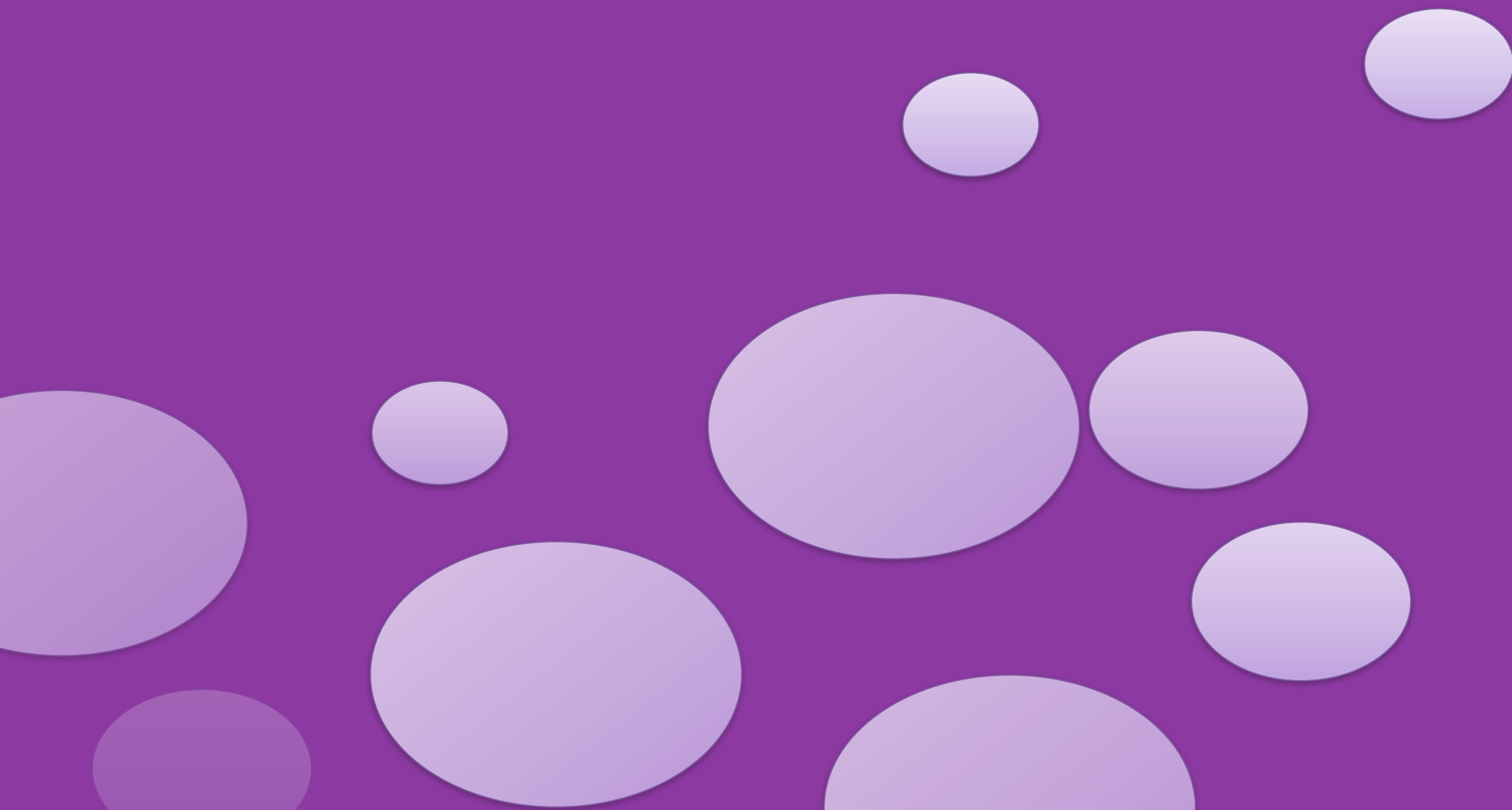
Case: why I left IT

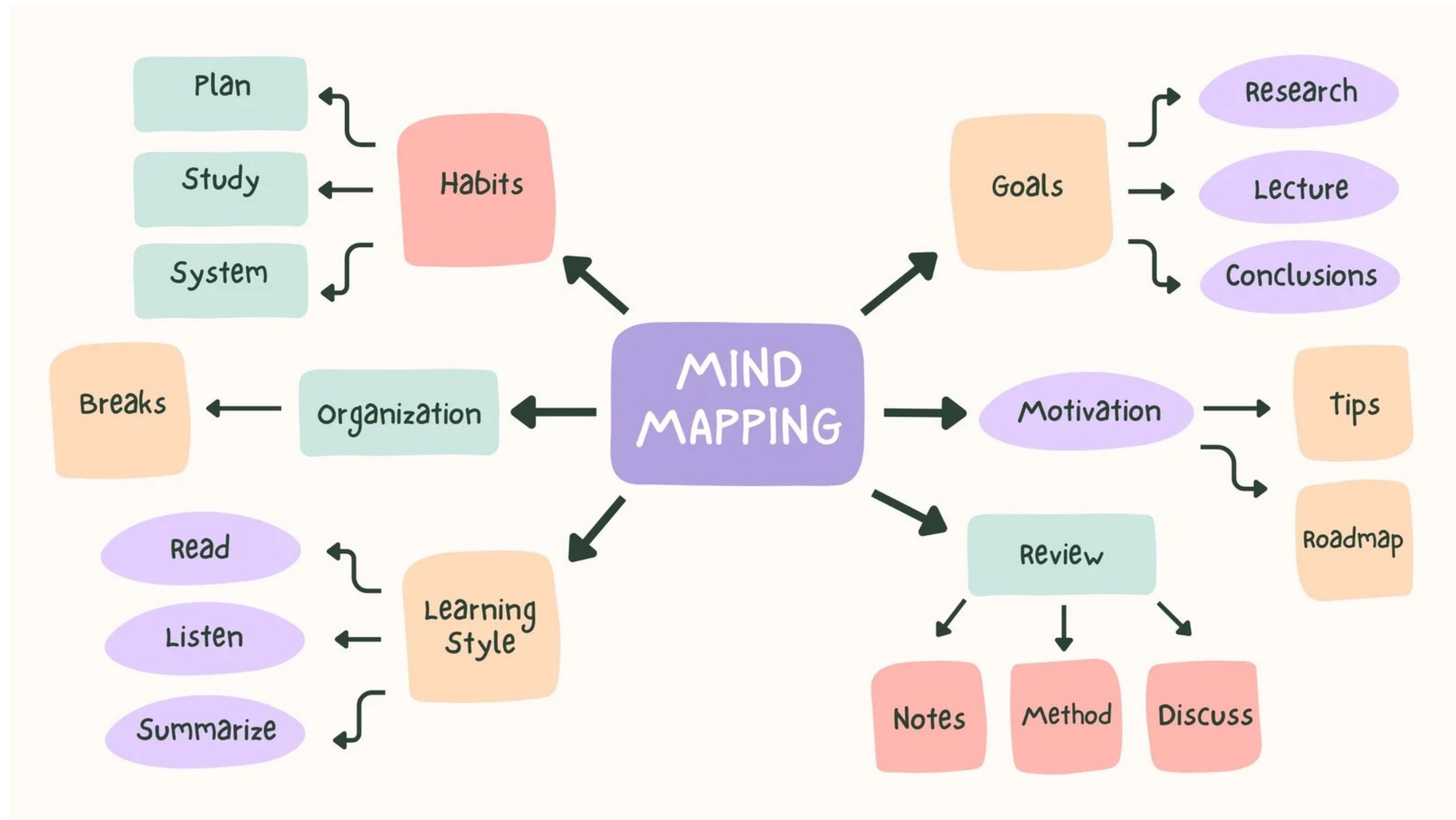
Case: ruined last day of vacation

The five whys

- Takes little time, but *give yourself time*.
- Low-effort,
 - But what if you *really* don't know the "why"?

Mind mapping





From: [canva.com](https://www.canva.com)

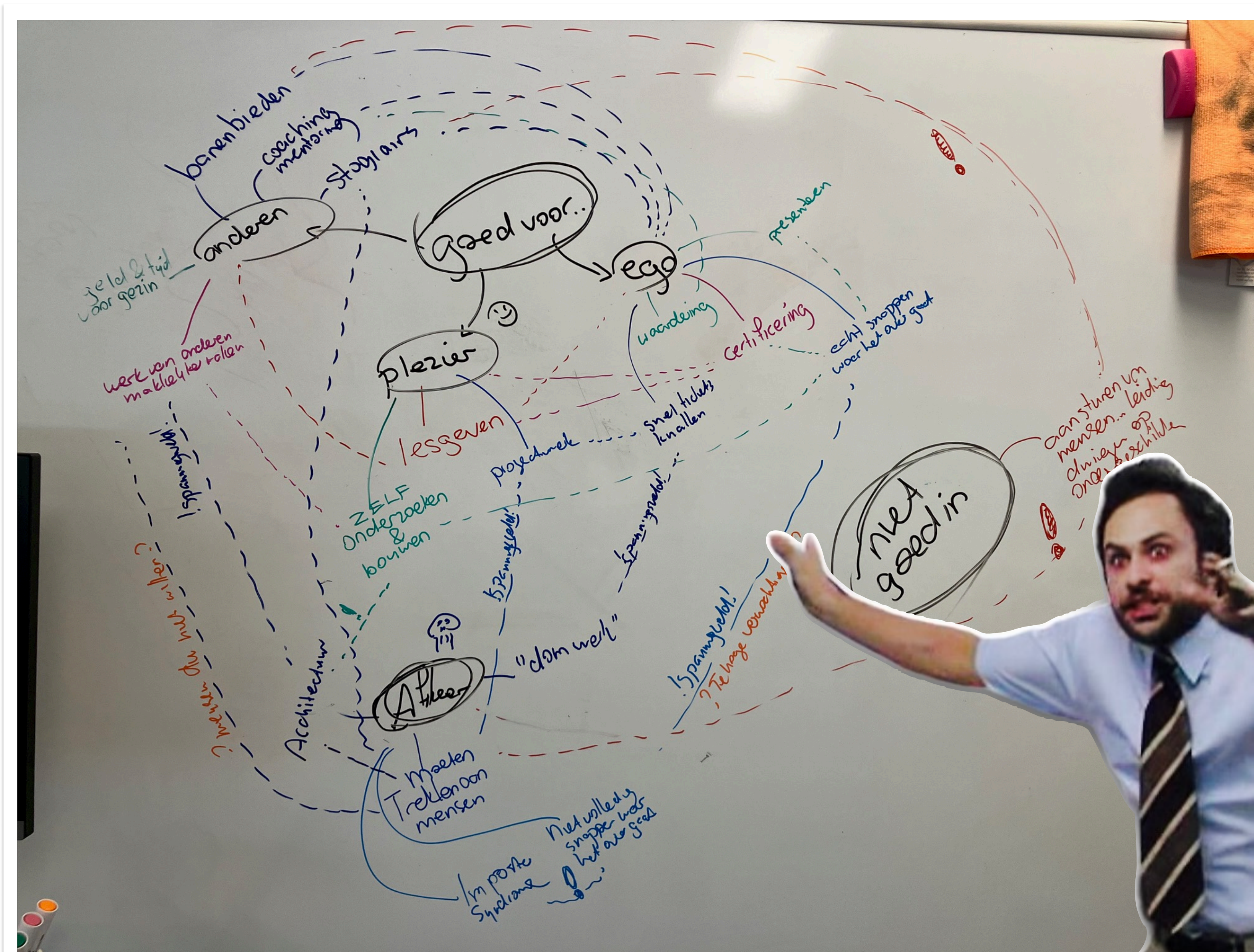
A mindmap guides your "why"

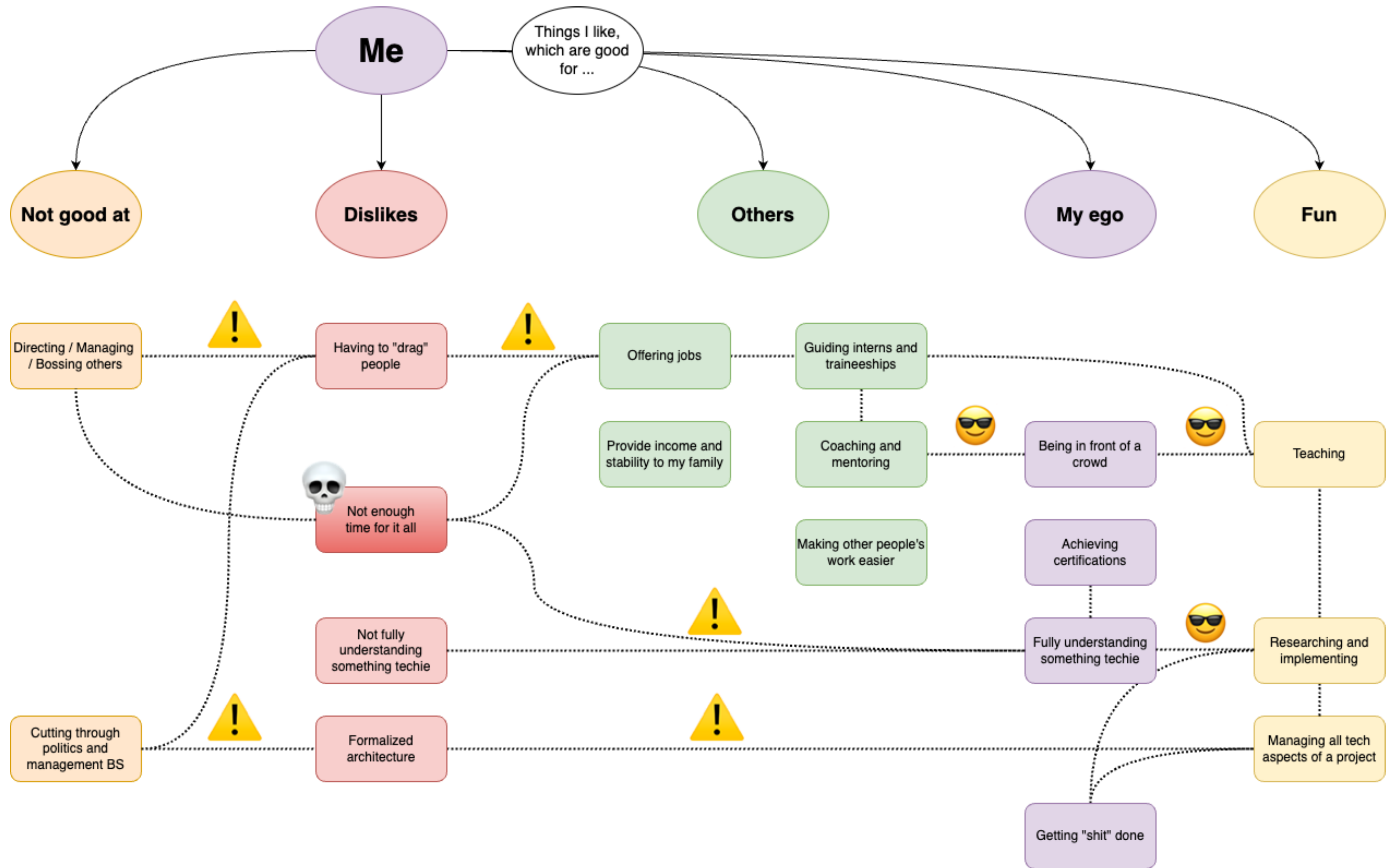
- With complicated matters,
 - Or if you just don't know "why?".
- Pick a few small questions and brainstorm.

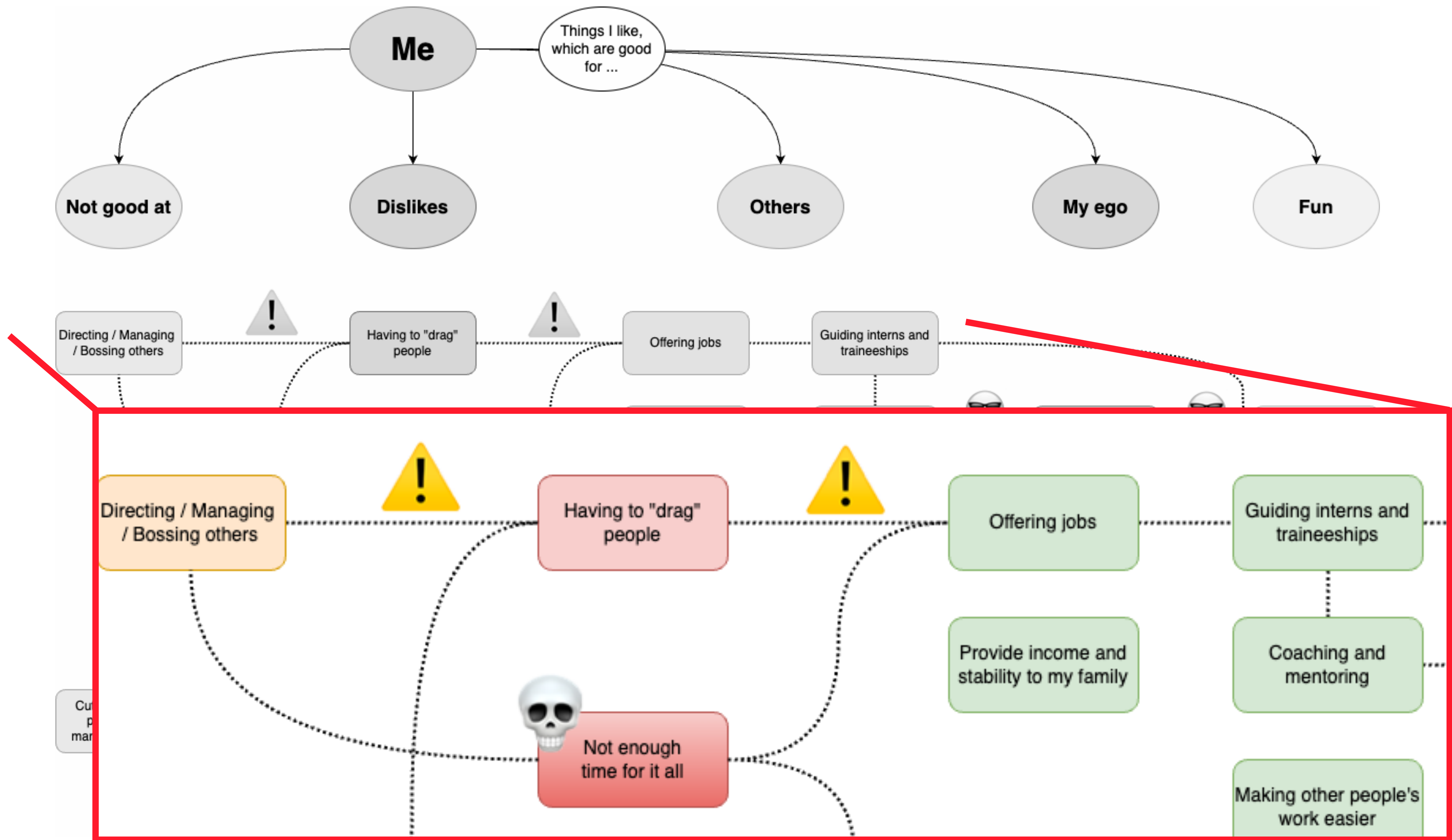
Case: my career

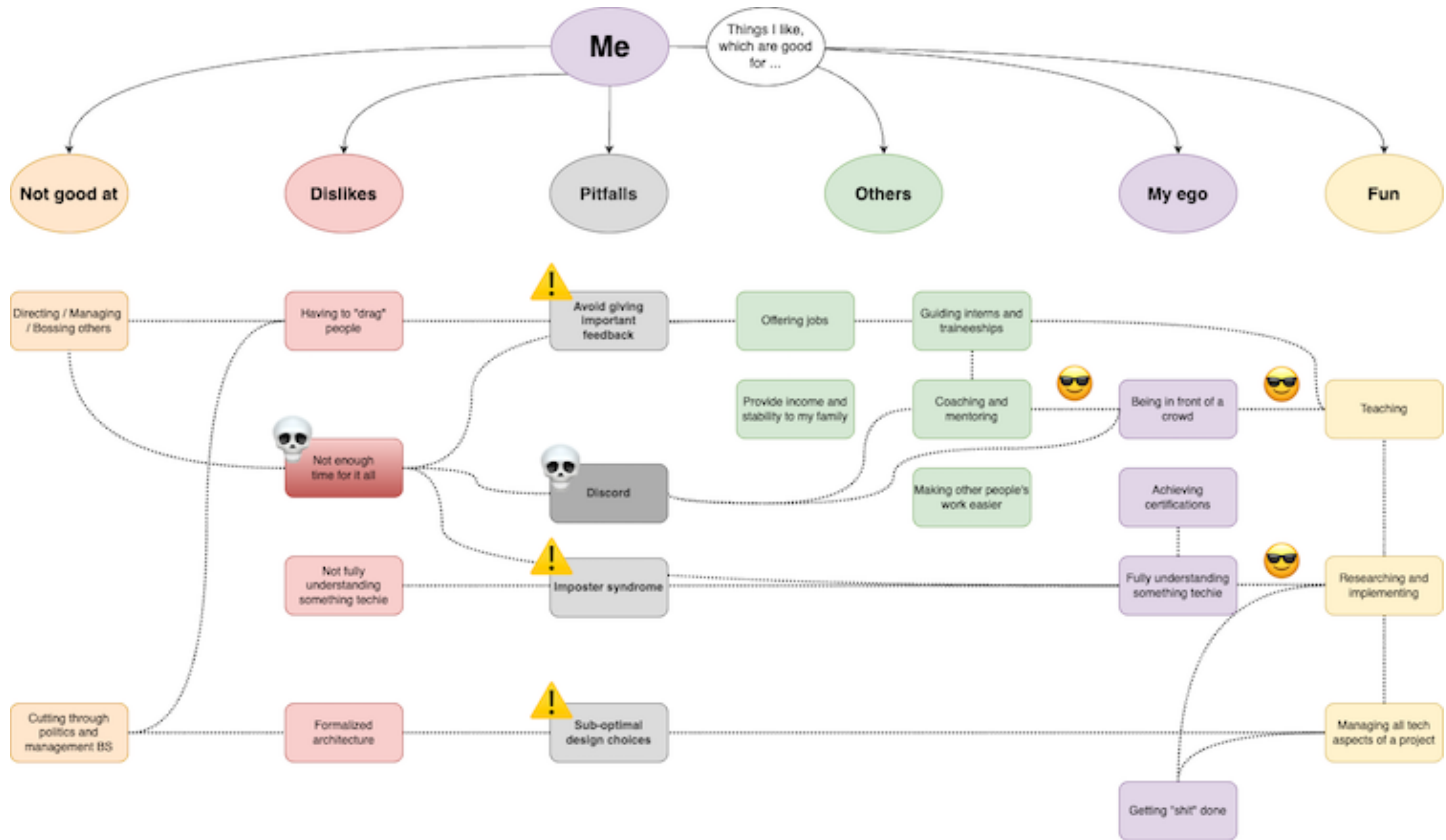
My questions

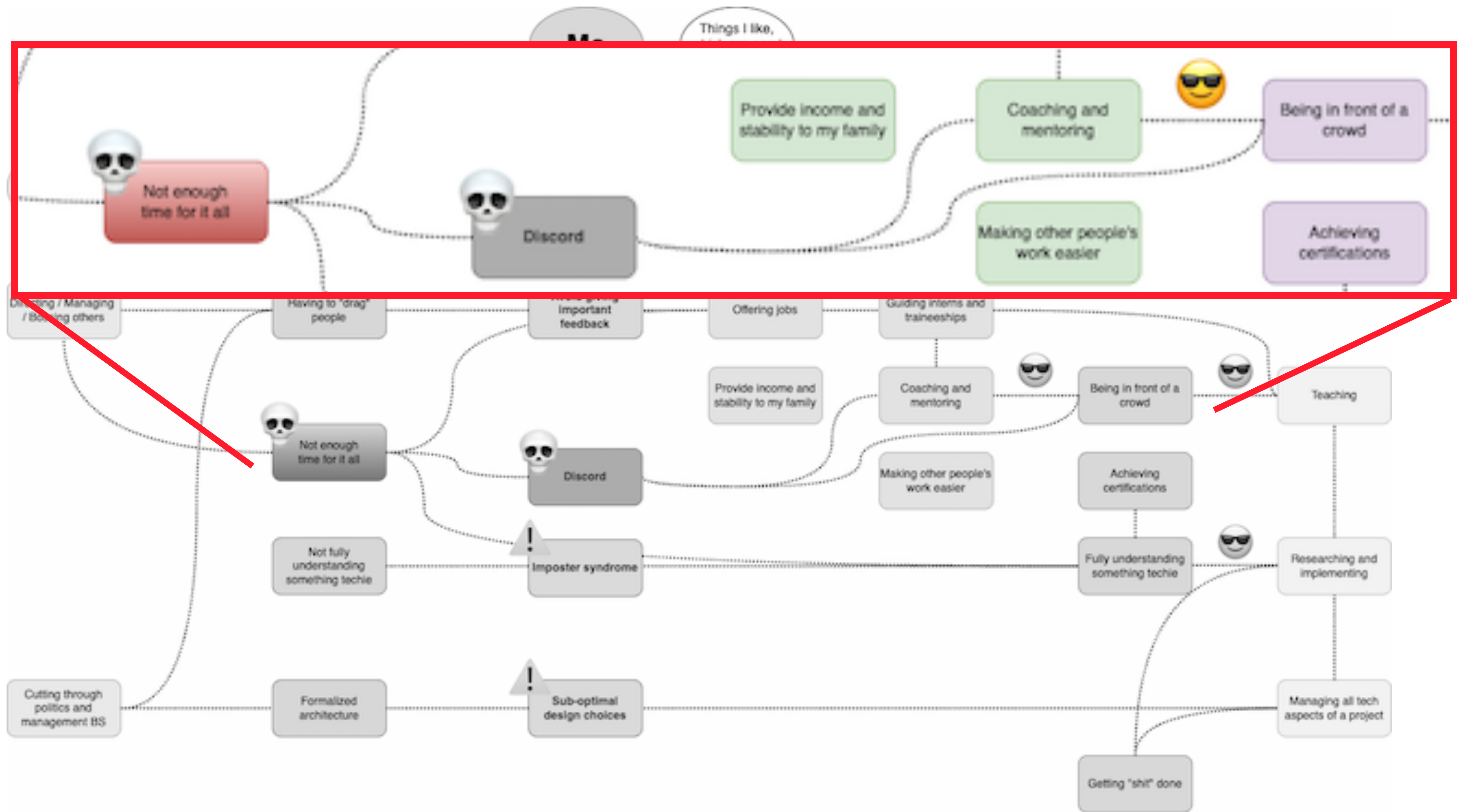
- Which things that I can do are good for ...
 - Other people?
 - Fun?
 - My ego?
- What am I bad at?
- What do I dislike?







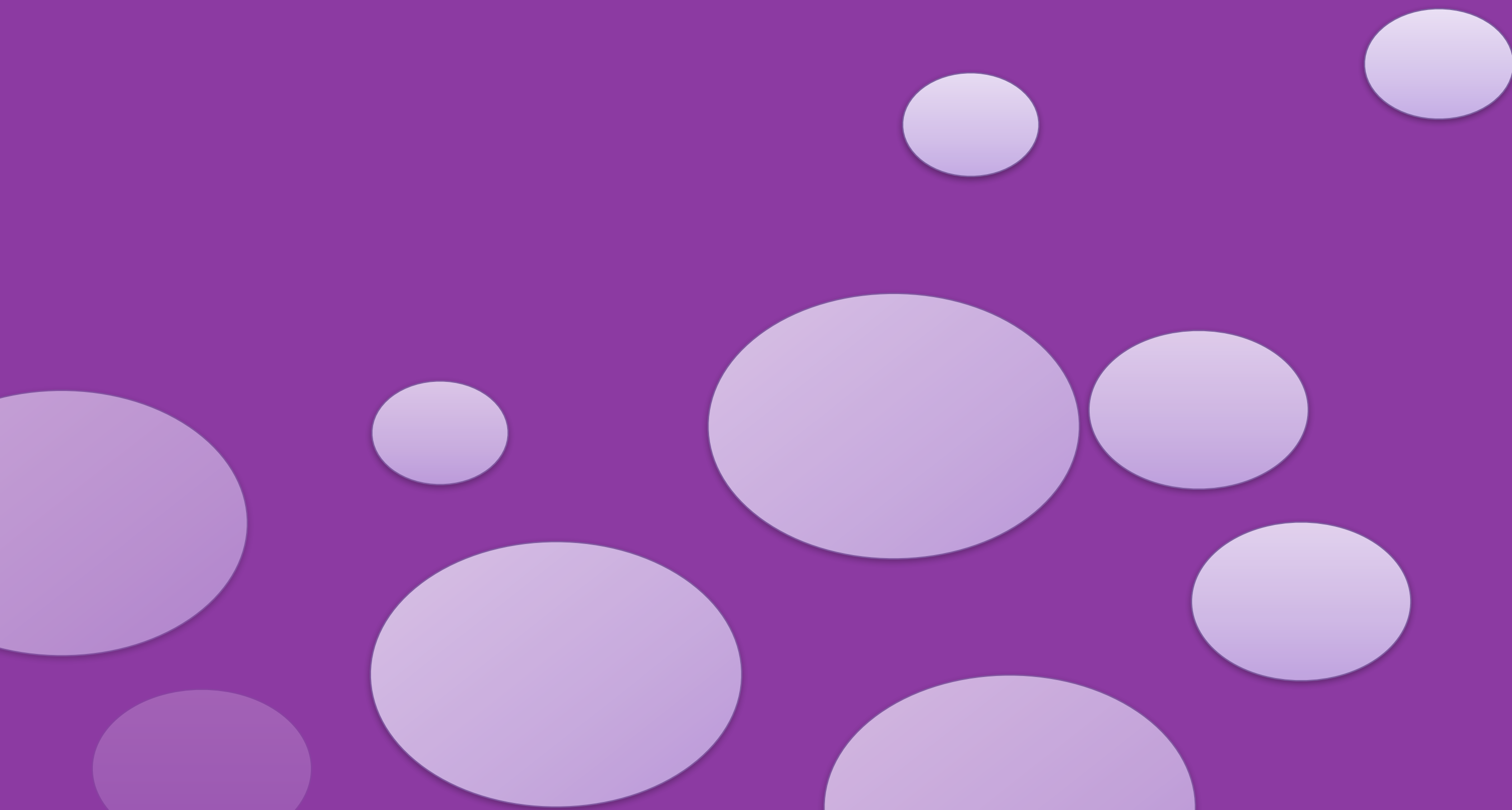




Mind mapping

- Can take a lot of time, but offers structure.
- If you ask the right questions, you'll get a lot of info.

Tarot



- Opinions are my own.
- Opinions are just that.
- I am a lay-person.



Case: my studies

- 2025.
- I am *always* busy, often studying.
- I feel that I have to keep studying, to keep my career!
- I even cut work hours, to free up study time.
- This used to bring me joy, but not right now.
- It's not a problem yet, but can I keep this up?

Case: my studies

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- From: [Eldritch Overload](#) - Brenda Ho



Past: VI of potions

- Nostalgia, optimism, naivety.
- Which past experiences are formative for you?
- How are you sharing your learned wisdom?
- Reconnect with the wide-eyed child in you.
- Be joyous, loud, creative, passionate.
- Find comfort in friends and family.

Present: rev. Queen of coins

- Insecurity, materialism, self-absorption.
- Misplacing priorities.
- Masking a selfish act as selfless.
- Do I give freely? Or do I expect anything in return?
- Are you abandoning something important?

Present: rev. Queen of coins

- Insecurity, materialism, self-absorption.
- Misplacing priorities.
- Masking a selfish act as
- Do I give freely? Or do I expect something in return?
- Are you abandoning some part of yourself?

Triggers
Next to my studies, I was also
volunteering for two projects.
Plus I was also going to take
on extra teaching gigs.

Future: Knight of swords

- Curiosity, exploration, ambition.
- Learning and exploration bring opportunities.
- Favour both intellect and practical application.
- Are you in an "echo chamber"?
- Are you a learn-aholic, addicted to "new & shiny"?

My conclusions

- I will not take on new jobs this or next year.
 - I'll even cancel one that I took on recently.
- I will only volunteer for Wiccon this year.
- I'll complete my CPTS training this year,
 - But I'll only give OSCP+ one shot, no more.

Tarot

- If you can't come up with your own questions.
- If you want something out of left-field.
- May give you completely new insights.

Closing

A word on coaches

- Co-op > single-player
- Get a "second opinion".



Take aways

- Failing sucks! So make good use of it!
- Dare to actually think and to listen to yourself.
- Experiment with different tools.

Thank you!

- It's been awesome!

